

Sheridan Ice LLC Skating Program

2011/2012 Season Registration Information

The Sheridan Ice LLC skating programs are designed for children in grades K-12 and adults. The entire focus is on skating skills and having fun. Each developmental level is comprised of various skating components. The progression has been structured for the gradual skill development of all participants. We offer instruction to participants interested in figure skating, recreational skating, and hockey. The skating programs include:

The Tot program is designed for ages 3 to 5 years also. It is designed to help children develop the preliminary coordination and strength necessary to maneuver on skates without the parent.

Adult & K-12 program: When students enroll in skating lessons, they are learning the fundamentals of figure skating and will automatically be enrolled in the Ice Skating Institute (ISI) Program. A strength of the (ISI) instructional program is the logical progression of skill development, whereby skills learned in each level build on skills achieved in the preceding level. Example: Pre-Alpha one-foot glides are needed before Alpha forward stroking and forward crossovers, which rely on one foot gliding, can be learned. Another strength of the ISI instructional program is the established standard of performance of all maneuvers at all levels, rather than a list of maneuvers to be taught/learned. We will be working mostly with the following levels: Pre-Alpha, Alpha, Beta, Gamma, Delta, and Freestyle. There are some classes that are only open to skaters of a certain level. Please contact the instructor at the ice rink.

Competitive

Any skaters who are interested in expanding their figure skating into competitions are encouraged to sign up for the competitive figure skating lessons. Along with regional competitions, the skaters also participate in the spring ice show. Please talk to Emily or Linda about moving from lessons into competitive figure skating.

Registration Dates: **October 26th—28th, 2011**
3:00 pm—6:00 pm at the rink

Session Dates: **November 29, 2011 — February 18, 2012**
10 Week Session
****Weather Permitting****

Times: See Emily for days and times.

Fees: \$106.00 for Tot, K-12 and Adult Lessons
\$150.00* for Competitive Lessons
*no fee for participating in ISI.

Skates: Use of skates for your skating session is included with your fee.

Skating Lessons 2011/2012 Registration Form

Fees: \$106.00 \$150.00

Circle a Program: Adult K-12 Tot Competitive

Skater's Name _____ Sex: M F

Address _____

City _____ State _____ Zip _____

Birth date _____ Grade _____ Age _____

Home phone _____ Work phone _____

E-Mail Address _____

Have you had skating lessons? Yes No

Have you ever skated? Yes No

Have you skated at Open Skate? Yes No

Emergency Contact Person _____ Phone _____

If skater is a minor please fill out following:

Father's Name _____

Mother's Name _____

The participant is in good health and is capable of participating in the Sheridan Ice LLC Learn to Skate Program. I understand the potential risk of participation in this program, and, to the maximum extent permitted by law, I irrevocably and forever release and discharge Sheridan Ice LLC, its members, employees, and agents (hereafter collectively referred to as "Releasees") from any and all claims or liabilities of any kind, nature and description (including claims for Releasees' alleged negligence) arising out of or related to any personal injury, suffering, death or damage sustained by the participant or the undersigned on account of or in any way resulting from the participants participation in the Learn to Skate program. To the maximum extent permitted by law, the undersigned agrees to indemnify and hold the Releasees harmless from any claims (including claims arising from the Releasees' alleged negligence) made against the Releasees by or on behalf of the participant or the participant's personal representatives or the undersigned as a result of the participant's participation in the Learn to Skate program.

Participant/Parent/Guardian signature*: _____

Date: _____

**Participant signature for 18 years old and older-Parent/Guardian signs for participants if under 18 years of age.*

For Sheridan Ice LLC staff use only

60407 K-12 \$106.00 / 60411 Adult \$106.00

60405 Tot \$106.00 / 60413 Competitive \$150.00