Holiday SUPER Skills Camp

★ ON Ice Training
★ Skating & Skills
★ Chance to win a Free Summer 2019 Camp
★ Youth & Adult

Sheridan, WY • Sheridan Ice • January 2-4, 2019

★ Sheridan Youth Schedule Thursday & Friday, January 3 & 4, 2019
★ Adult CO-ED Schedule Wednesday & Thursday, January 2 & 3, 2019

GROUP	Day | Time | Activity
Mite/Squirt & Peewee	Thurs 8:00-9:30am ON ICE Training
	Fri 8:00-9:30am ON ICE Training
Bantam & High School	Thurs 9:30-11:00am ON ICE Training
	Fri 9:30-11:00am ON ICE Training

LEVEL	TIME	ACTIVITY
Adult Co-ed	Wed 5:00-8:30pm	ON ICE Training
	Thurs 5:00-8:30pm	ON ICE Training

TOPICS COVERED: Explosive/Efficient Skating, Acceleration/Quickness/Agility, Tight turns, Resistance Training, Stickhandling, Shot Mechanics/Scoring, One-timers, Body Contact (Bantam & HS group only), Puck Protection, European Flow Drills & more!

- Camp Tuition - Youth $60.00 & Adults - $90.00. Limited to 32 players per group.
- Taught by Steve Strunk – International Skills Instructor and Vice President; Planet Hockey, Inc.
- All registered players will have a chance to win a FREE 2019 Planet Hockey Summer Camp ($500 value)!
- 2019 Summer Camps: visit **www.planethockey.com** for camp locations & details.
- Planet Hockey Jerseys available at camp for $25, pre-order below.
- Local Contact: SAHA President - Jack Morey: 307-217-0120

----------✂----------*Fill out & deliver to the Sheridan Ice Rink*----------✂----------

*Complete form and return with full payment to the Sheridan Ice Rink. Please make checks payable to SAHA.

Camp Tuition: Youth - $60.00 Adult - $90.00 **Group:** ☐ **Group A – Mites/Squirts/Peewees** ☐ **Group B – Bantams & High School** ☐ **Group D – Adults**

☐ PH Camp JERSEY: *additional $ 25.* Select Size: Yth M Yth Lg/XL Ad S Ad M Ad Lg Ad XL (select size & color at camp)

Position: ☐ Forward ☐ Defense ☐ Goaltender Date of Birth:_____ Age at Camp:_____

_____ _____ _____
Name Current Team and Level # Years Played

_____ _____ _____ _____
Address City State Zip

_____ _____ _____
Home Phone Wk Phone Email Address

Total Amount Enclosed $_____ Check Number: _____ **Make checks payable to SAHA**

Participant Release Form

Planet Hockey, Inc. (PHI) and Sheridan Ice LLC will not assume responsibility for any injury incurred while participating in the January 2-4, 2019 Planet Hockey Holiday Skills Camp. Certain risks are inherent during the participation of a hockey camp and hockey training. Nor will Planet Hockey nor Sheridan Ice LLC be liable for lost or stolen items during the duration of camp. I, the undersigned for myself, my heirs and assigns, do hereby release Planet Hockey, Inc., employees, instructors, counselors, Sheridan Ice LLC and Sheridan Ice LLC representatives and agents from any and all claims for injury, death, loss or damage I may suffer as a result of my/my child's participation in this Planet Hockey Skills Training Program.

_____ _____ _____ _____
Participant Name Parent Name Parent/Guardian Signature Date